



WINNIPEG BOX LACROSSE COMMISSION OVERAGE PLAYER POLICY

A. PURPOSE

In order to ensure teams have enough players to fill their roster and players are given every opportunity to play lacrosse, there are certain circumstances where an overage player, who is only one (1) year older, will be allowed to play down an age division, such as:

1. The player is a full time goalie and there is no age appropriate goalie available at that younger age
2. A female player wishing to play in the co-ed league and there is room on that team's roster

B. APPLICATION

If a situation arises where a player/guardian think playing down an age would be beneficial for the player, they should first discuss their situation with their home club for direction. The next step will be to apply for an overage allowance by completing the form on the WBLC website. The WBLC will review the application and render a decision. Some examples of situations that would be considered are;

1. Player is below average size and moving into contact
2. Player attends school or plays other sports with a younger age
3. Other factors that the player/guardian feel are warranted

C. TIMELINE

Any player movement requests must be submitted prior to the Player Movement Deadline. Timeline information can be found on the WBLC website, under 'Season Timeline'

D. APPROVAL

Any player seeking an overage exemption should first contact their club to discuss.

Although the WBLC allows for certain overage players to play down an age, no player is allowed to play in a younger age division, or be rostered on a younger team without the WBLC knowledge and approval.

Overage players must be declared to all the clubs participating in that age group before approval will be granted.

Approved: January 28, 2026